



SOUTHEASTERN

ORAL SURGERY & DENTAL IMPLANTS

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PRE-OPERATIVE INSTRUCTIONS FOR SURGERY

1. If you will be receiving intravenous sedation or general anesthesia for your surgery, PLEASE NOTE THE FOLLOWING INSTRUCTIONS:

NO EATING OR DRINKING (INCLUDING WATER) 8 HOURS BEFORE YOUR SURGERY TIME. THIS INCLUDES HOLDING HARD CANDY IN YOUR MOUTH, GUM AND BREATH MINTS. WE ALSO RECOMMEND THAT YOUR LAST MEAL PRIOR TO BEGINNING YOUR NPO STATUS BE SOMETHING LIGHT AND EASY TO DIGEST. IT IS BEST TO STAY AWAY FROM GREASY, FRIED OR HEAVY MEALS THE NIGHT BEFORE SURGERY.

- **Exceptions** - 1. Diabetics -Discuss with doctor.
2. Regular medications or pre-op antibiotics may be taken with sips of water, unless the doctor has discussed otherwise.

If these above instructions are not followed, your surgery WILL BE RESCHEDULED.

2. If you are to be sedated or put to sleep, you must bring a responsible adult and he/she MUST STAY ON THE PREMISES until you are released from surgery. Patients under the age of 19 must be accompanied by a parent or legal guardian. IF THESE INSTRUCTIONS ARE NOT FOLLOWED, WE WILL RESCHEDULE YOUR SURGERY.
3. NO DRIVING OR WORKING WITH MACHINERY FOR AT LEAST 24 HOURS AFTER SEDATION OR ANESTHESIA IS GIVEN OR WHILE TAKING PRESCRIPTION PAIN MEDICATION. Make arrangements for a responsible person to stay with this patient for at least 24 hours following surgery.
4. If you are prescribed a pre-surgical anti-anxiety medication such as Valium, you will need someone to assist you between the time you take the medication and the time you are placed in the care of our surgical team. These types of medications cause dizziness and a general unsteadiness, and you are much more likely to fall. Someone should assist you when walking or moving about and be able to monitor you at all times.
5. Please wear comfortable, loose fitting clothing that is not tight around your arms and wrists.
6. No tobacco products morning of surgery.
7. No marijuana 48 hours prior to surgery.

Special Instructions: _____

