



Southeastern
Oral-Maxillofacial & Facial Cosmetic Surgery Center, P.C.



General Instructions for Oral Surgery

- Please refer to the Pre-Op Instruction Page
- Nothing by mouth after midnight the night before your procedure is scheduled.
- Please take your heart and blood pressure medications the morning of your procedure with a small sip of water.
- If you are on any of the following medications or any GLP-1 medication for weight loss or diabetes, please follow the below instructions.
 - For diabetes, stop taking 7 days prior to your procedure and only have clear liquids the entire day prior to your procedure.
 - For weight loss, stop taking 14 days prior to your procedure and only have clear liquids the entire day prior to your procedure.

| | | | |
|------------------|--------------------|-----------------|------------------|
| Mounjaro | Semaglutide | Saxenda | Ozempic |
| Trulicity | Victoza | Rybelsus | Exanatide |
| Adlyxin | Wegovy | Byetta | Zepbound |

- Not following these instructions may cause your procedure to be cancelled.

CLEAR LIQUIDS ALLOWED THE DAY BEFORE SURGERY

- **Clear Soda**
- **Sports Drinks**
- **Clear Broth Soup**
- **Strained Clear Fruit Juice (No Pulp)**
- **Strained Lemonade or Limeade**
- **Gelatin Without Fruit**
- **Popsicles (Without Fruit or Pulp)**